

How do I get help?

Please contact us at:

702-364-1484 or toll-free
1-800-873-2246, TTY **711**

Do you have questions for your doctor?
Would you like to talk to your doctor about
your questions? Write them down here.
Please use additional paper if necessary.

Take this brochure to your appointment.

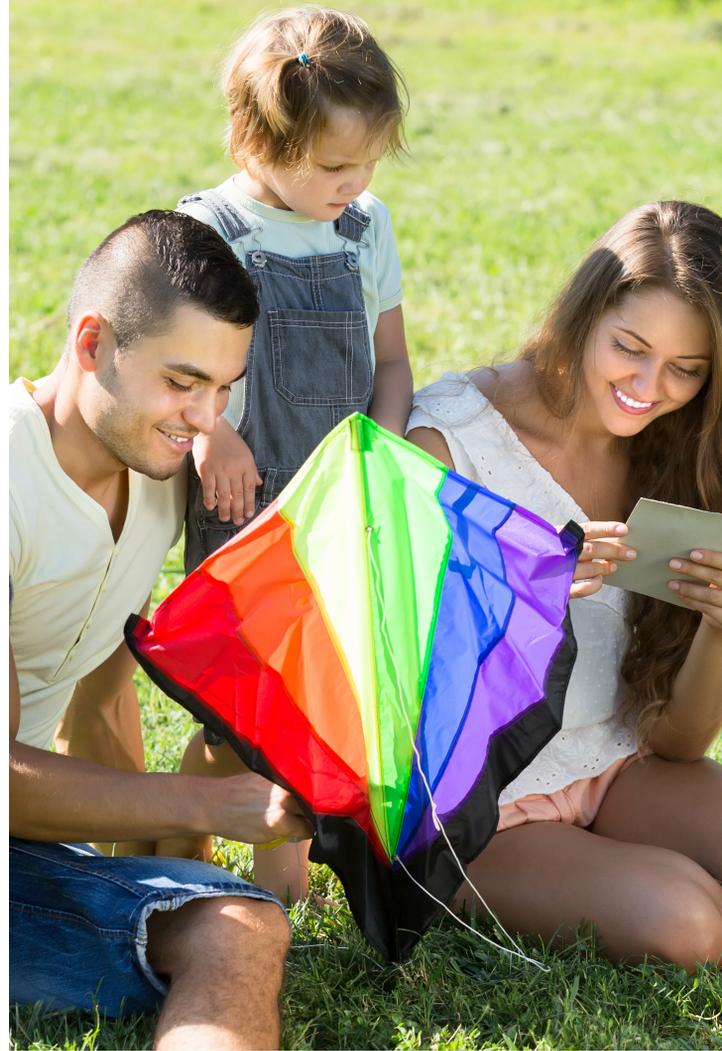
Tiene derecho a recibir ayuda e información
en su idioma sin costo. Para solicitar un
intérprete, llame al número de teléfono
gratuito para miembros que se encuentra
en su tarjeta de identificación del plan o los
documentos de su plan.



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Taking Your Medication

Why it is Important



Medication Importance

Are you taking any medication? Do you have trouble taking your medication as recommended by your doctor/pharmacist?

Some of the reasons why people don't take their medication may include:

- Cost
- Pharmacy not available
- Forget to take medication
- You feel better
- Fear of side effects
- Unsure about taking your medication

Have you talked to your doctor about the reasons why you may not be taking your medication as directed?

You may want to take all of your medications (including over-the-counter and nutritional supplements) with you on your next doctor visit. This way, your doctor can help answer any questions you may have about them.



Your Doctor Can Help

Your doctor prescribed your medication for a reason.

Be honest with your doctor about how you really take your medications, any side effects, and how you're feeling. There may be another option that's better for you.

- Is this a generic or a brand name medication? What's the difference?
- What if I forget to take my medication?
- Are there any side effects to this medication?
- Will this medication work safely with other medications or herbal supplements that I'm currently taking?

Tips to Know

- It's important that you finish your medication as prescribed.
- Don't stop taking your medication even if you start to feel better.
- Make sure you fully understand how to take the medication correctly.
- Get all your prescriptions filled at one pharmacy. That will help your doctor watch for medications that may not work well together and help you avoid a harmful situation.
- Make sure you keep a current list of all of your prescriptions, over-the-counter medications, and herbal supplements. Review this list with your doctor/pharmacist often.

Talk to your doctor/pharmacist if you notice your symptoms have not improved or notice any side effects.